

PE Overview 2019 – 2020

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Fantasy		People		Places	
KS1 (Lesson 1)	Gymnastics	Gymnastics	Dance	Dance	OAA	OAA
Year 1	Exploring different ways of travel	Rolls, jumps, balances	Exploring moving to music	Sequencing movements	Team building	Problem solving
Year 2	Rolls, jumps, balances	Sequencing movements	Sequencing movements	Group/ partner dances	Problem solving	Orientation/ orienteering
KS1 (Lesson 2)	Ball Skills	Invasion Games	Invasion Games	Net & Wall Games	Striking & Fielding	Athletics
Year 1	Throwing, catching, throwing into targets	Attacking/ defending games	Football	Tennis	Cricket/Rounders	Running, throwing, jumping
Year 2	Throwing, catching, throwing into targets	Attacking/ defending games	Football	Tennis	Cricket/Rounders	Running, throwing, jumping
Theme	Traditional tales		Adventures		Habitats	
LKS2 (Lesson 1)	Gymnastics	Gymnastics	Dance	Dance	OAA	OAA
Year 3	Rolls, jumps, balances	Sequencing movements	Sequencing movements	Group/ partner dances	<i>Swimming</i>	Problem solving
Year 4	Rolls, jumps, balances	Sequencing movements	Sequencing movements	Group/ partner dances	Problem solving	Orientation/ orienteering
LKS2 (Lesson 2)	Ball Skills	Invasion Games	Invasion Games	Net & Wall Games	Striking & Fielding	Athletics
Year 3	Netball	Rugby	Football	Tennis	Cricket/Rounders	Long distance, sprint, throwing, jumping
Year 4	Netball	Rugby	Football	Tennis	Cricket/Rounders	Long distance, sprint, throwing, jumping
Theme	Myths and legends		Heroes and Villains		Journeys	
UKS2 (Lesson 1)	Gymnastics	Gymnastics	Dance	Dance	OAA	OAA
Year 5	Rolls, jumps, balances	Sequencing movements	Group dances	Individual/ partner dances	Problem solving	Orientation/ orienteering
Year 6	Rolls, jumps, balances	Sequencing movements	Group dances	Individual/ partner dances	<i>Swimming</i>	Orientation/ orienteering
UKS2 (Lesson 2)	Ball Skills	Invasion Games	Invasion Games	Net & Wall Games	Striking & Fielding	Athletics
Year 5	Netball	Rugby	Football	Tennis	Cricket/Rounders	Long distance, sprint, throwing, jumping
Year 6	Netball	Rugby	Football	Tennis	Cricket/Rounders	Long distance, sprint, throwing, jumping



Springfield
Primary

part of:
challenger multi-academy trust